



C.G. Jung Society of
Western Australia

Lecture: Friday 24 April, 2026

7:00pm- 8:30 pm

***Jungian Psychology has a Daughter:
some ideas and experiences of the work of Dr. Arnold Mindell, founder of
Process Oriented Psychology.***

Vivien Beere

Arny Mindell (1940-2024) was a Jungian training analyst in Zurich who extended active imagination with dreams into work with gesture and movement, body symptoms, relationship and world issues, later returning to the USA, with colleagues, to Portland, Oregon.

Vivien, an Art Therapist, studied intensively with Arny and teachers from the Process Work Institute. In this talk she gives some examples from her practice that led her to Process Work in which she found a unifying paradigm for a heartfelt, (non pathologising,) approach to helping clients unfold the often mystifying events and processes occurring in their lives. She will explain some assumptions in the approach, for instance that symptoms may be meaningful, and the concept of working with known and less known “channels” or momentary ways the total personality is expressing itself. Examples of visual, auditory, movement, proprioceptive, relationship and world channels will be briefly described, as well as the way careful observation and support can help the client switch into less familiar channels, and so access new information which can then open up new possibilities of integration and understanding.

We will also play with a brief example of “channel switching,” so please come prepared with a few coloured felt pens and a note book large enough to make a simple image. (The result may be humorous or surprising.)

Vivien Beere B.A., M.Ed. Dip Couns., Dip. Art Therapy, is the initiator of Art Process Work (artprocesswork.com). She has 40+ years experience as a therapist in private practice, forensic, psychiatric and community mental health settings as well as in tertiary education.

Vivien loves to make her own art, write, walk, dance and garden as well as spend time with family and friends. She currently has a small private practice focusing mostly on supervision, and runs workshops on Art for Personal Change, Dancing with your Dreams and The Heart of Practice (trainings for practitioners) in Fremantle, the Perth Hills and Bali.

**Venue: Cottesloe Civic Centre Lesser Hall
Corner of Napier Street and Broome Street, Cottesloe**

Cost: \$10 (members), \$15 Concession \$20 (general)

C.G. Jung Society of WA (Inc) www.jungwa.org

Correspondence and enquiries to the President:

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C.G. Jung Society of
Western Australia

Workshop: Sunday 26 April, 2026

10:00am – 4:00pm

***The Magic of the Everyday:
your heart's desire may be bigger than you think!***

Vivien Beere

The everyday shaman is one who can move easily between the world of tables, clock- time and bills and the worlds of dream, mysterious body symptoms, relationships and haunting world events.

To become that fluid doesn't mean we don't sometimes need the service of an expert, be it shaman, priest, surgeon or psychiatrist, however, I believe we can all develop a "second attention" that allows us to recognise and co-operate with what is already unfolding, personally and in our environment and communities. In this way we become "everyday shamans."

In this workshop you will name your own heart's desire, amplify it through simple art techniques and be shown how to "switch channels" to discover further dimensions of your longing. You will also discover the personal edge, or challenge to your accustomed identity, that has so far prevented you living this dream.

After a shared lunch and time in our beautiful environment, you will have the chance to name and perhaps resolve, any internal conflicts or external constraints and identify the next practical steps you wish to take.

We will finish with witnessing each others' journeys.

Everything is confidential. You may participate as you wish, and share or not share as you choose. Often these explorations are liberating and a lot of fun!

Please bring a vegetarian dish to share for lunch, a note book and, if you have them, easily transportable musical instruments.

This workshop builds on the Friday talk but may be attended independently. Everyone is welcome from age 16 to 116!

If you have any special needs, a history of mental illness or have experienced recent surgery or a recent bereavement, please let Britt know beforehand so that we can support you if needed.

Venue: Hovea Ashram 805 Margaret Rd, Hovea

Cost: \$120 (members), \$135 Concession \$150 (general) Includes a Vegetarian Lunch

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